



## Treatment & Support

It is **never too late** to make a healthy change for you and your baby.

We offer **options** so that you and your baby can live a healthy and drug-free life.

Your questions are welcome and always **confidential**.



**Drug Free Babies Program**

**Call 707-565-7463**



## Free & Confidential Services

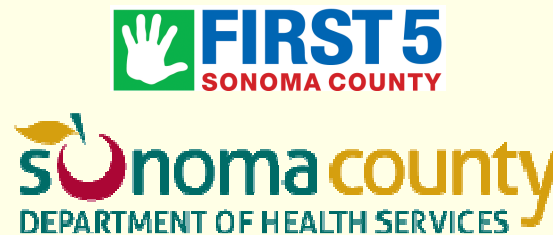
**Sonoma County Behavioral Health**

**1430 Neotomas Avenue**

**Santa Rosa, CA 95405**

**Call 707-565-7463**

A counselor can meet with you at a safe place of your choice.



Sonoma County Department of Health Services  
June 2014



## Drug Free Babies Program

Are you pregnant or the parent of a young child?

Have you recently used alcohol or other drugs?

**We can help.**

## Did you know...?

Alcohol and drug use during pregnancy can lead to physical and emotional problems for you and your baby.

*Even occasional use can affect your baby's health & brain development.*

The sooner you get help the better the outcomes for your child.

Use after your baby is born can make it harder for you to provide a safe & healthy environment.



## Health for You & Your Baby...



*Every day is a new chance for you and your baby to be drug-free...*

- Even if you have tried to stop using before, try again. *Don't give up.*
- It is **never too late** to seek help.
- The Drug Free Babies Program offers **confidential help** to find you treatment services.
- Drug Free Babies will help you find **affordable treatment.**



To be eligible you must be:

Pregnant

or

Have a baby

under one year of age

