

Family Health Section Programs

ISSUE 7

January 2016

Children's Medical Services

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- ◆ Child Health and Disability Prevention
- ◆ Health Care Program for Children in Foster Care

Maternal, Child & Adolescent Health

- ◆ MCAH Planning & Coordination
- ◆ Home Visiting Programs

Senior Health Initiative

- ◆ Aging Together
- ◆ Nurses in Adult & Aging Programs

Women, Infant & Children

- ◆ WIC checks for healthy food
- ◆ Peer Breastfeeding Counseling
- ◆ Dental Services

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For more information please call

NFP: 565-4440

Adult & Aging:

565-5900
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AnnJané's Journey with Nurse-Family Partnership

AnnJané, her mother and her brother were frequently homeless, living in cars or couch surfing with friends and relatives. AnnJané's mom was an addict and her brother took his frustration out on AnnJané, leaving her with bruises. At age nine, Child Protective Services gave custody to her maternal grandparents who provided a stable physical space to call home, but little warmth or encouragement. At times, AnnJané lived with foster parents until she left home at 17. Eventually she struggled with her own addiction.



In 2010 she moved to Santa Rosa, entered a residential treatment program and took classes at Santa Rosa Junior College. When she got pregnant she enrolled in Nurse-Family Partnership (NFP) where she received the support she needed to provide for her baby and herself. She met regularly with her public health nurse for two and a half years, stayed in school, and worked two jobs to pay rent and bills. To hear her talk about her experience, go to <https://www.youtube.com/watch?v=D7mVlg6kx6I>

AnnJané's story was highlighted at a Tipping Point funders' breakfast on December 3, 2015. Tipping Point is an organization in San Francisco that screens non-profits rigorously to find, fund and partner with the most promising groups working to educate, employ, house and support those in need. AnnJané delivered a thoughtful presentation of her life's journey in front of 300 philanthropists, some of whom had never heard of Nurse-Family Partnership. To see her presentation, go to <https://www.youtube.com/watch?v=6q9mKQd33HI>.

After graduating from the junior college, AnnJané plans to attend Sonoma State University for a degree in social work. She states that participating in the NFP program gave her the confidence to have a voice in her relationship with her partner, to believe in her ability to succeed in school, and to be a strong, compassionate, and competent mother to her son.

Mobilizing Action in Resilient Communities (MARC)

Sonoma County was selected as one of 14 communities across the country to take part in a project to expand its innovative work in addressing adverse childhood experiences (ACEs).

Over the next two years, Sonoma County ACEs Connection (SCAC) members, Sonoma County Public Health and Sonoma County Upstream Investment will implement the MARC project. It is funded by the Health Federation of Philadelphia, with support from the Robert Wood Johnson Foundation and The California Endowment. MARC's main goals are to:

- ◆ strengthen SCAC's infrastructure using collective impact principles
- ◆ build community capacity to understand and address ACEs and foster resilience through an intensive master training program

To learn more about MARC go to [SC ACEs Connection](#)

Public Health Nurse in the Public Guardian Office



The Public Guardian (PG) operates under the authority and direction of the California Superior Court, County of Sonoma. The PG acts as a legal decision maker, also known as conservator, for individuals who are unable to make decisions in their own best interest or resist undue influence or fraud. The PG acts as conservator if no one else is willing or able to do so.

In October, the PG program created a new clinical position for a Public Health Nurse (PHN). Julianne Ballard RN, PHN, MSN, assesses conservatees' health and safety needs during semiannual visits and consults with primary care providers and specialists to coordinate care provisions. She identifies and prioritizes frailty related risk factors which necessitate further action, such as informing the PG team when hospice referrals may be indicated, recommending interdisciplinary reviews and educating nursing home staff members on best geriatric practice. This collaboration strengthens service delivery and helps ensure that conservatees receive the best care possible.

For more information please call Adult & Aging at (707) 565-5900.

Announcements

◆ **Senior Health News:**

- ◇ The award-winning, evidence-based fall prevention program *A Matter of Balance: Managing Concerns about Falls* was accepted into the Upstream Investment Portfolio—Tier I. The course is intended for older adults whose fear of falling compromises their level of social and physical activity.
- ◇ *Multipurpose Senior Services Program evaluation:* A successful biannual State audit by the CA Dept. of Aging (CDA) for the MSSP was performed in October. The CDA analyst praised the level of care assessments conducted by the MSSP PHN, which are a core requirement of the program to maintain client eligibility for services.
- ◇ *Staffing Changes:* Suzie Lawrance is a new Senior PHN in MSSP; Lien Nguyen was promoted to Senior PHN in the IHSS Care Transitions Program.
- ◆ **Easier Access to Legal Aid:** The Department of Health Services (DHS) and Legal Aid of Sonoma County signed an agreement giving DHS clients priority in receiving legal assistance. This will facilitate access and help clients to deal with some of the legal challenges they face, such as evictions and domestic violence.
- ◆ **Communicate with MCAH staff:** Click on this link to find the newly updated MCAH staff contact information <http://www.sonoma-county.org/health/about/pdf/mcah-directory.pdf>. For feedback on this newsletter, contact Ulla Mast at ulla.mast@sonoma-county.org

Family Health Section
Sonoma County Department of Health
Public Health Division



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Elisabeth Chicoine, RN, MS, PNP
Family Health Section Manager

Elisabeth.Chicoine@sonoma-county.org

For more information, please call
(707) 565-4494

