

### Should I get tested for HIV?

#### **Yes, if you or your partner:**

- Had unprotected vaginal, anal or oral sex OR
- Shared needles/works for injecting drugs, steroids, medicine or vitamins OR
- Used unsterile or shared needles for tattoos or body piercing OR
- Were tested less than 6 months after the last time you put yourself at risk.

### Why is it important to get tested?

#### **If you are infected with HIV (test positive), you can:**

- Get early medical care to help stay healthy;
- Change unsafe sex, alcohol and/or drug use practices to protect yourself and others.
- Still infect someone else, even if you feel healthy.

**If you test negative, you can learn more about how to permanently keep yourself negative .**

### HIV/AIDS Services & Information

**HIV/AIDS Information Line** 565.5360

**CA HIV/AIDS Helpline** 800.367.2437

**HIV/AIDS Nightline** 800.273.2437  
7 days/week, 5pm-5am

**HIV/AIDS 24hr Hotline** 800.232.4636

**HIV/AIDS Hotline TDD** 800.232.6348

**Center for HIV Prevention & Care**  
499 Humboldt St Ste 104, SR 565.7400

**Russian River Health Center** 869.2849  
3rd/Church Streets, Guerneville

**AIDS Drug Assistance Program** 565.7402

**Face to Face** (services/groups) 544.1581

**Food for Thought** (meals) 887.1647

**Lomi Counseling Clinic** 579.0465

**Sunburst Projects** 588.9477  
(children/families with HIV)

[www.stayinformedsonoma.net](http://www.stayinformedsonoma.net)

### HIV & Hepatitis C Testing

**Public Health** 565.5360

**Drug Abuse Alternatives Center**  
544.3295 ext 342

### Health & Social Services

#### **Dept. of Health Services - Public Health**

Calif. Children's Services 565.4500

STD/Family Planning Clinic 565.4820

Public Health Nursing 565.4440

Teen Parents 565.4480

Mental Health Services 565.6900

Women, Infants, Children (WIC) 565.6590

#### **Department of Human Services**

Child Welfare 565.4300

Economic Assistance 565.2715

Veterans Services 565.5960

**Women's Justice Center** 575.3150

#### **Family Service Agency**

751 Lombardi Ct Suite C, SR

**Social Security** 544.4302 or 800.772.1213

### Housing Services & Shelter Info

**CAPSC** 544.6911

**Homeless Service Center** 525.0226

**Redwood Gospel Mission** 542.4817

**Sloan House Women's Shelter** 569.0615

**COTS** (Petaluma/ Rohnert Park) 765.6593

**Mary Isaak Shelter** (Petaluma) 776.4777

**Sonoma Overnight Support** (Snma) 933.9593

**Spare Room** (Healdsburg) 433.6161

### Youth Services

**Positive Images** 568.5830

GLBTIQQ youth support group

**Social Advocates for Youth** 544.3299

Shelter, 24hr crisis line, Counseling

**Sonoma Co Adults & Youth Development**

Employment, Counseling 793.9030

#### **West County Community Services**

Guerneville 887.2226

Sebastopol 829.5717

**El Nido Teen Center** (Sonoma) 939.1452

**Chops Teen Center** (SR) 284.2467

### Drug Treatment & Information

**Drug Abuse Alternatives Cntr** 544.3295

**Orenda Center** 565.7460

**Santa Rosa Treatment Prgrm** 576.0818

**R House** (teens) 539.2948

**Lytton Springs** (men) 433.3334

**St. Anthony's** (men) 794.7120

**Redwood Gospel Mission** (men) 542.4817

**Manna Home** (women) 576.1471

**Women's Recovery Services** 527.0412

**Alcoholics Anonymous** 544.1300

**Narcotics Anonymous** 575.7837

**SHARP Syringe Exchange**

544.3295 ext 342 or 481.9827

### Teen Clinics

Free and confidential. Drop-in services specified.

- Elsie Allen Health Center** 528.5770  
599 Bellevue Ave Room G17, SR  
*Mon thru Fri - Call for appointment*
- Forestville Teen Clinic** 887.0427  
6570 First St, Forestville  
*Mon/ Tues/Thurs (2:30-5:30pm) Drop-in*
- Petaluma Health Center** 559.7500  
1301 Southpoint Blvd Suite A, Petaluma  
*Thurs (5:15-7:45pm)*
- Phoenix Theatre Teen Clinic** 484.9866  
201 Washington St, Petaluma  
*Thurs (3:30-5:30pm) Drop-in*
- Planned Parenthood** 800.967.7526  
1370 Medical Center Dr Suite E, RP  
*Wed (3-4:30pm) Drop-in*
- Public Health Teen Clinics** 565.4820
- 418 Riley St, SR *Tues (3-6pm) Drop-in*
  - 3420 Chanate Rd *Thurs (3-6pm) Drop-in*
- Sonoma Valley Health Center** 939.6070  
430 W Napa St Suite F, Sonoma  
*Mon (6-8pm)*
- Southwest Health Center** 547.2222  
751 Lombardi Ct, SR  
*Wed (2-5pm) & Sat (9am-3pm) Drop-in*

### Family Planning & General Medical

All clinics have bilingual (English/Spanish) services.

- Alexander Valley Medical Cntr** 894.4229  
6 Tarman Dr, Cloverdale
- Alliance Medical Center** 433.5494  
1381 University Ave., Healdsburg
- Jewish Community Free Clinic** 585.7780  
490 City Center Dr, RP
- Occidental Area Health Center** 874.2444  
3802 Main St, Occidental
- Petaluma Health Center** 559.7500  
1301 Southpoint Blvd Ste A, Petaluma
- Planned Parenthood** 800.967.7526  
1370 Medical Center Dr Suite E, RP
- Public Health Clinic** 565.4820  
3420 Chanate Rd, SR  
418 Riley St, SR
- Russian River Health Center** 869.2849  
3rd/Church Streets, Guerneville
- St. Joseph Mobile Health Clinic** 524.2477
- Sonoma Valley Health Center** 939.6070  
430 W Napa St Suite F, Sonoma
- Southwest Health Center** 547.2222  
751 Lombardi Ct, SR  
3320 Chanate Rd, SR
- Women's Health Specialist** 537.1171

### Emergency Medical & Urgent Care

- Sutter Medical Center ER** 576.4040
- Santa Rosa Memorial ER** 46.3210
- Petaluma Valley ER** 778.1111
- Sonoma Valley ER** 5 935.5000
- Santa Rosa Urgent Care** 543.2000  
1287 Fulton Rd, SR  
7days/ week 9am-8pm
- Rohnert Park Urgent Care** 584.0672  
1450 Medical Center Dr, RP  
7days/week 9am-8pm

### 24-hour Hotlines

- Psych Emergency Services**  
576.8181 or 800.746.8181
- Social Advocates for Youth (SAY)**  
546.3432 or 800.544.3299
- YWCA Domestic Violence** 546.1234
- Men Evolving Non-violently** 528.2636
- United Against Sexual Assault** 545.7273  
Guerneville 869.2849
- Suicide Hotline** 800.784.2433
- Crisis Hotline & Referral** 800.999.9999
- Drug Info & Referral** 800.662.4357



# COMMUNITY RESOURCE GUIDE

HIV/AIDS Information,  
Services and Testing

707.565.5360

[www.sonoma-county.org/  
health/ph/hiv](http://www.sonoma-county.org/health/ph/hiv)



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