



HEAL School Sector

HEAL and its partners support opportunities that increase access to healthy foods and increase the physical activity level of students at 12 schools in south Santa Rosa.

Key Successes

Some of the HEAL School Sector's most successful efforts include:

- Installing salad bars at six elementary schools, helping to increase the daily consumption of fresh fruits and vegetables among students.
- Training over 72 teachers in physical education programs to help students reach 100 minutes of physical activity per week.
- Supporting the launch of Bellevue School District's annual wellness festival to inform the community of school wellness policies.
- Working with community partners to apply for and receive a \$500,000 Safe Routes to School education grant to increase the number of students safely walking and biking to school in two school districts in south Santa Rosa.
- Increasing the number of healthy fundraisers like Jog-a-Thons instead of cookie dough.

Current Work

The HEAL School Sector is currently working with schools, school districts, partners, and other stakeholders to:

- Ensure that all students meet state standards for physical activity during the school day.
- Increase the number of students who walk and bike to school safely.
- Develop sustainable wellness committees, policies, and programs in each of the south Santa Rosa school districts.
- Decrease the unhealthy food sold by mobile vendors outside schools.

**A Project of the Community Activity & Nutrition Coalition of Sonoma County
Supported by Kaiser Permanente's *Healthy Eating Active Living* Program**

*For more information about the HEAL School Sector, please contact
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HEAL School Sector Partners

HEAL is collaborating with the following schools, school districts, parent groups, and other organizations to improve the health of students at schools in south Santa Rosa:

- Bellevue Union School District & School Board
 - Bellevue Elementary
 - Kawana Elementary
 - Meadowview Elementary
 - Taylor Mountain Elementary
- Roseland School District & School Board
 - Roseland Elementary
 - Sheppard Elementary
 - Roseland Accelerated Middle School
 - Roseland University Prep
- Santa Rosa City Schools & School Board
 - Elsie Allen High School
 - Cook Middle School
- Wright School District & School Board
 - JX Wilson Elementary
 - RL Stevens Elementary
 - Wright Elementary
- Bellevue Elementary PTA
- City of Santa Rosa Police Department
- Kawana Elementary Parents' Club
- Meadow View Elementary PTA
- National Safe Routes to School Partnership
- Roseland Elementary Parent's Club
- Sonoma County Air Quality Resource Team
- Sonoma County Asthma Coalition
- Sonoma County Bicycle Coalition
- Sonoma County Bike & Pedestrian Advisory Committee
- Sonoma County DHS – Environmental Health
- Sonoma County Sheriff's Department
- Sonoma County Transit Authority
- Sonoma County Office of Education
- Taylor Mountain Elementary PTA
- HEAL School Sector