



HEAL Neighborhood Sector

HEAL and its partners work closely with south Santa Rosa residents to make healthy changes in their neighborhoods, focusing on changes that increase access to affordable healthy foods and physical activity opportunities.

Key Successes

Some of the HEAL Neighborhood Sector's most successful efforts include:

- Development of over 30 new community garden plots and a community education garden at the future site of Bayer Neighborhood Park and Garden for residents of southwest Santa Rosa.
- Development of 11 new community garden plots in the Kawana Springs Organic Garden and improvements at the South Park and Kawana Springs Organic Community Gardens serving southeast Santa Rosa.
- Formation of a community walking group in Kawana Springs that has over 25 residents participating and has brought Zumba exercise classes to the community.
- HEAL residents and partners successfully advocated for healthy language in the recreation and parks component of Santa Rosa's general plan.

Current Work

The HEAL Neighborhood Sector is currently working with residents, partners, and other stakeholders to:

- Install fitness stations along the Colgan Creek Trail.
- Increase access to free and low-cost physical activity opportunities in south Santa Rosa, including martial arts, Zumba, and aerobics classes and walking groups.
- Enhance safe routes to school through infrastructure improvements at Bellevue and Kawana Elementary Schools.
- Increase healthy food options at local corner stores.

For more information about the HEAL Neighborhood Sector, please contact Stephanie Sánchez at (707)565-6647 or ssanche2@sonoma-county.org

**A Project of the Community Activity & Nutrition Coalition of Sonoma County
Supported by Kaiser Permanente's *Healthy Eating Active Living* Program**



HEAL Neighborhood Sector Partners

HEAL is collaborating with the following neighborhood groups, organizations, businesses, government agencies, and non-profits to make south Santa Rosa a more vibrant, healthier place to live:

- Accountable Development Coalition
- Burbank Housing
- Corby-Olive Action Committee
- Council on Aging
- City of Santa Rosa Public Works
- City of Santa Rosa Graffiti Abatement Program
- City of Santa Rosa Neighborhood Revitalization Program
- City of Santa Rosa Recreation & Parks Department
- Greenbelt Alliance
- Grupo SANA
- Hughes Avenue Neighborhood Association
- Kawana Springs Neighborhood Watch
- Kawana Springs Walking Group
- La Famiglia
- LandPaths
- Maria's Market
- McMinn Neighborhood Association
- Mekong Market
- Perry's Deli
- Quezada Market & Deli
- Redwood Empire Food Bank
- Rosalinda
- Roseland Action
- Roseland Roundtable
- Roseland Youth Advocates
- SALVA
- Santa Rosa Neighborhood Alliance
- Sonoma County Public Works
- South Park Residents
- Southwest Area Citizen Group
- St. Joseph's Community Benefits
- St. Joseph's Promotores de Salud
- Sustainable Futures
- USA 2000
- YMCA

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