



## HEAL Healthcare Sector

With the support of HEAL, all clinics in south Santa Rosa have been working to change the systems within clinics in order to introduce healthy weight screening and referral as standard practice for their clients.

### Key Successes

Some of the HEAL Healthcare Sector's most successful efforts include:

- All clinics in south Santa Rosa are screening all children for weight problems during well-child checks.
- Providers and medical assistants are now counseling families of overweight children..
- Breastfeeding women and medical assistants now are able to attend a lactation support group and receive instruction and training on breastfeeding.
- Improved systems to help clinics request reimbursement for breastfeeding counseling and weight checks

### Current Work

The HEAL Healthcare Sector is currently working with health care clinics, organizations, and stakeholders to:

- Develop systems to provide follow-up about healthy changes with overweight or obese patients.
- Increase clinics' capacity to support breastfeeding to increase prevalence and duration.
- Clinics in south Santa Rosa are putting systems in place to screen and counsel adults for overweight.

*For more information about the HEAL Healthcare Sector, please contact  
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**A Project of the Community Activity & Nutrition Coalition of Sonoma County  
Supported by Kaiser Permanente's *Healthy Eating Active Living* Program**



## **HEAL Healthcare Sector Partners**

HEAL is collaborating with the following healthcare clinics, organizations, and stakeholders to improve policies, programs, and systems related to healthcare and obesity prevention in south Santa Rosa:

- California Parenting Institute
- Chanate Family Practice
- Community Action Partnership
- Kaiser Permanente
- Northern CA Center for Well Being
- Redwood Coalition of Community Health Centers
- Roseland Children's Health Clinic
- St. Joseph's Health System
- St. Joseph's Mobile Clinic
- Sonoma County Breastfeeding Coalition
- Southwest Community Clinic
- Sonoma County DHS - Maternal, Adolescent & Child Health
- Sonoma County DHS - Child Health & Disability Prevention Program
- Sonoma County Medical Association
- HEAL Healthcare Sector