

Appendix B

Healthy People Objectives

	Healthy People 2010 Objective	County		State	
		Year	Rate	Year	Rate
Increase the proportion of persons (under age 65) with health insurance	100%	2003	9.5%	2003	15.6%
Increase the proportion of persons who have a specific source of ongoing care	96%	2003	90.0%	2003	87.5%
Reduce the rate of primary cesarean sections (low-risk births)	15%	2003	12.5%	2003	16.4%*
Reduce fetal deaths (20+ weeks gestation)	4.1 per 1,000 live births	2000-2003	4.9	2000-2003	5.5
Reduce infant deaths (within 1 year of birth)	4.5 per 1,000 live births	2000-2003	4.4	2000-2003	5.3
Reduce neonatal deaths (within 28 days of birth)	2.9 per 1,000 live births	2000-2003	2.9	2000-2003	3.6
Reduce postneonatal deaths (between 28 days and 1 year)	1.2 per 1,000 live births	2000-2003	1.5	2000-2003	1.7
Increase the proportion of pregnant women who receive early prenatal care (in the first trimester)	90.0%	2000-2003	86%	2000-2003	85.90%
Reduce very low birth weight (VLBW) births	0.9%	2000-2003	0.8%	2000-2003	1.2%
Reduce low birth weight (LBW) births	5.0%	2000-2003	5.3%	2000-2003	6.3%
Reduce preterm births	7.6%	2003	6.5%	2003	10.7%
Increase the proportion of mothers who breast-feed their babies (in early post partum period)	75.0%	1999-2002	92.1%	1999-2002	82.4%
Increase the proportion of children who are adequately immunized by their second birthday	90.0%	2002	65%	2002	72%
Reduce iron deficiency among young children	5% - age 1-2 1% - age 3-4	2001-2003	< 5 yrs 18.6%	2001-2003	< 5 yrs 13.7%
Reduce coronary heart disease deaths	166 per 100,000	2000-2002	154.2	2000-2002	186
Reduce stroke deaths	48 per 100,000	2000-2002	63.7	2000-2002	58.9
Reduce the proportion of adults with high blood pressure	16%	2001	23.7%	2001	22.2%
Reduce the proportion of adults who smoke tobacco	12%	2001	18.1%	2001	17.1%
Reduce the proportion of adults who are physically inactive	20%	2001	21.3%	2001	28.5%
Reduce the proportion of adults who are obese	15%	2001	14.1%	2001	19.3%
Reduce the overall [ratio] of diabetes that is clinically diagnosed	2.5%	2001	4.8%	2001	6.2%

*Percent of all births, not just low-risk

	Healthy People 2010 Objective	County		State	
		Year	Rate	Year	Rate
Reduce the overall cancer death rate	159.9 per 100,000	2000-2002	186.5	2000-2002	172.7
Reduce the lung cancer death rate	44.9 per 100,000	2000-2002	49.6	2000-2002	44.8
Reduce the breast cancer (female) death rate	22.3 per 100,000	2000-2002	26.7	2000-2002	24.1
Reduce the prostate cancer death rate	28.8 per 100,000	2000-2002	28.2	2000-2002	24.8
Increase proportion of women (age 18+) who have had a cervical cancer screening in past 3 years	90%	2001	84.8%	2001	83.5%
Increase the proportion of women (age 40+) who have had a mammogram in past 2 years	70%	2001	81.0%	2001	75.4%
Increase the proportion of adults (age 50+) who have ever received a colonoscopy/signmoidoscopy	50%	2001	49.0%	2001	52.4%
Increase proportion of adults (age 18+) that follow protective measures to reduce risk of skin cancer	75%	2001	54.4%	2001	54.9%
Reduce hospitalizations from asthma	25 per 10,000 under age 5 7.7 per 10,000 age 5-64 11 per 10,000 age 65 and older	2001-2003	20 4 9	2001-2003	34 8 18
Reduce deaths caused by unintentional injuries	17.5 per 100,000	2000-2002	29.1	2000-2002	27.6
Reduce deaths caused by motor vehicle crashes	9.2 per 100,000	2000-2002	9.9	2000-2002	11.1
Reduce the proportion of children and adolescents who are overweight or obese	5%	2002	16%-22%	2002	17%-21%
Reduce the proportion of adults who engaged in binge drinking in the past month	6%	2001	21%	2001	15.4%
Reduce the proportion of adolescents (age 12-17) who engaged in binge drinking in the past month	2%	2004	17%	2004	13%
Increase the proportion of adolescents who perceive great risk (extreme harm) associated with frequent marijuana use	80%	2004	53%	2004	70%
Reduce the rate of oral cancer deaths	2.7 per 100,000	1997-2001	2.7	1997-2001	2.9
Reduce the rate of deaths due to homicide	3.0 per 100,000	2000-2002	2.9	2000-2002	6.5
Reduce the rate of child maltreatment (age 0-17)	10.3 per 1,000	2003	7.9	2003	11.7