OUTREACH AND ENGAGEMENT

Services Targeting Hard to Reach Populations

Community Intervention Program (CIP) is an early intervention and identification program that provides mental health service to most vulnerable populations at places they congregate.

CIP staff is co-located at homeless shelters, community health centers, and drug treatment programs. CIP staff work closely with law enforcement agencies to intervene with people that are of community concern. CIP is staffed by Sonoma County Behavioral Health and over 15 community partners.

- Petaluma Police Department - monthly
- Petaluma Health Center – weekly and consultation & referral meeting and out-stationed bi-lingual social worker to provide information and referral 6 hours per week
- Petaluma Health Care District meeting
- Mary Isaak Center – weekly consultation & referral and eligibility services
- VetConnect – monthly information & referral at Petaluma Veteran’s Building

Family Services Coordinator provides a service coordinator to assist families throughout Sonoma County with navigation of all mental health programs, including public and private insurance, the court process, etc. The Family Services Coordinator is a program of Buckelew Programs, Inc.

National Alliance on Mental Illness (NAMI) is a grassroots family, client and community member organization, dedicated to improving the lives of people with mental health challenges and the lives of their families and friends. NAMI provides education, support, and advocacy to family member and loved ones of people who have psychiatric disabilities. Services in South County include:

- Family Support Group - Petaluma on the 1st and 3rd Tuesday of the month from 5:00-6:30 at the Petaluma Senior Center - 211 Novak Dr. Petaluma CA
- Family Support Group - Rohnert Park on the 2nd and 4th Monday of the month from 5:00-6:30 at Vida Nueva Supportive Housing Project - 705 Rohnert Park Expressway
- Client Connection- First Wednesday of the month from 6:30-8:00 at Mary Isaak Center- 900 Hopper St.

Coming Soon: March 3, 2012 from 9:30-12:00 Family to Family at Petaluma Valley Hospital – A free 12-week
course Education Program for family caregivers of individuals with severe mental illnesses. The course is taught by trained family members; all instruction and course materials are free to class participants; Over 300,000 family members have graduated from this national program.

**PREVENTION AND EARLY INTERVENTION**

**Services Targeting Children from Birth to 5 years old and Their Families**

Early Childhood Mental Health Collaborative provides screening, service navigation, assessment and interventions to children from birth to 5 years old and their families and caregivers in order to prevent mental health issues and/or to allow for early identification of potential problems. The Collaborative also provides training and technical assistance to medical providers and within health setting to insure the inclusion of screening for social/emotional/behaviors issues. The Collaborative also works closely with the Mental Health Consultation Program that provides day care providers an opportunity to receive consultation regarding children that exhibit behavioral difficulties in a day care setting. The Early Childhood Mental Health Collaborative also offers a comprehensive psychological assessment to high risk children and their families who are identified as needing such.

Interventions include: case management when screening identify a potential problems to help parents understand screening results and identify next steps including available resources, Triple P – Positive Parenting Program, Trauma Focused – Cognitive Behavioral Therapy, or Parent Child Interaction Therapy, support, and parent education using short term 1:1 and/or group formats either in the home or at center-based interventions, and therapeutic play groups. Early Childhood Mental Health Collaborative partners include Early Learning Institute, Petaluma People Services, Jewish Family and Children’s Services and California Parenting Institute.

**Services Targeting School - Aged Children & Youth 5-18**

Sonoma County Student Assistance Program Collaborative is a countywide prevention and early intervention system of care for adolescents at 17 high schools in Sonoma County that provides Project SUCCESS Plus and includes 5 community based organizations to provide counseling services to youth who demonstrate a need for mental health services.

The Collaborative provides the Project SUCCESS model at the 17 high schools by offering enhancements (Project SUCCESS Plus, or PS+) that address mental/behavioral health issues though the delivery of culturally appropriate mental/behavioral health prevention education, early identification, and screening strategies. PS+ Model includes the following components, prevention education, screening, counseling, family engagement and parent programs using referral and resources, school staff development, school-wide awareness and outreach, community coalitions, and cultural competency efforts. This collaborative effort is a project of Sonoma County Office of Education. South County Schools include:

- San Antonio High School
- Casa Grande High School
- Rancho Coati High School
- Phoenix High School
- El Camino High School
- Community Day School (9th grade only)
Support Services to Petaluma Unified School District and Cotati-Rohnert Park Unified School District are Drug Abuse Alternatives Program and Petaluma People Services Center.

**Services Targeted at Reducing Disparities to Access to Mental Health Services**

Communities and reducing disparities in Sonoma County by offering a variety of mechanisms for networking, collaboration, information exchange, enabling all groups to work together to leverage resources and influence service delivery and promote professional development. The LSP-SC was founded in 1989 by Latino leaders in education, government, social services sectors. LSP-SC is currently comprised of 450 members from neighborhood and community groups, schools, public and private health service providers, schools, law enforcement, immigration and naturalization agencies, social service agencies, city and county governments, criminal justice systems, and the business community. LSP-SC: 1) convenes and facilitates monthly meetings of the LSP – SC. These are hosted by members throughout the Sonoma County regions where members visit and learn about programs, services and resources at the variety of social and health service programs; 2) maintains and Email distribution system – A system of email distribution to provide information on events, activities, and resources to its members. Members send announcements that are posted one to 3 times per week. 3) maintains a website which serves as a hub for outreach information and resources for families, children, and providers including information to assist with outreach to the Latino community including newspapers and media contacts. The website links the Latino community and service providers to the Latino community to services and resources. The website is also used as a communication tool and allows members to post messages.

*West County Community Service* serves as LSP-SC the fiscal sponsor.

**Service Targeting Older Adults**

Older Adult Collaborative (OAC) is a 6 agency collaborative project led by *Sonoma County Human Services Department – Adults and Aging Division*. The collaborative members are: Council on Aging (COA), Family Service Agency (FSA), Jewish Family and Children’s Services (JFCS), Petaluma People Services (PPSC) and West County Community Services (WCCS). OAC provides a prevention and early intervention model to reduce depression and suicide among older adults throughout Sonoma County by administration of a depression screening by both licensed experience professionals and peer/volunteers who are supervised by licensed professionals, making referrals of case managed clients to counseling and psychotherapy for those older adults identified as at risk for depression, and expansion of Family Service Agency internship training program to allow for expanded referrals.

The OAC also trains over 2000 non-clinical community ‘gate keepers’ in the Question, Persuade, Refer (QPR) program. Five of the 6 partner agency case managers are trained in the Health IDEAS (Identifying Depression, Empowering Activities for seniors) model and provide interventions to those seniors already receiving case management services through existing care management programs.
MHSA HOUSING PROJECT

MHSA funds were made available to finance the capital costs associated with development, acquisition, construction and/or rehabilitation of permanent supportive housing for individuals with mental illness and their families, especially including homeless individuals with mental illness and their families. Sonoma County Behavioral Health partnered with Burbank Housing and Community Housing Development of Santa Rosa to develop Vida Nueva in Rohnert Park. Vida Nueva is a new construction project on a 1.83 acre site in Rohnert Park. The project includes three two-story buildings comprised of 24 units (including one manager’s two-bedroom unit) and a one-story community building. The units are restricted to occupancy and affordability at 30 percent to 50 percent Area Median Income (AMI). Six units (4 singles and 2 family units) are dedicated to mental health clients.

MHSA operating funds are used to reduce the rent to a quarter of the person’s income using SSI as the standard. Eligibility for these set asides are for low income adults who are homeless or at risk of homelessness as well as families with a child who has SED and are homeless or at risk of homelessness.

An adult with an untreated or under-treated severe and persistent mental illness (SPMI), as well as persons who have Co-occurring Disorders and homeless families with Seriously Emotionally Disturbed (SED) children. Committee on the Shelterless is the primary supportive services provider with St. Joseph’s Health Systems providing medical services. The project has close proximity to basic services and amenities, such as schools and a job center.