

♥ ♥ ♥ **MY EMERGENCY INFORMATION** ♥ ♥ ♥

I put copies: on my refrigerator in my car in my purse/backpack
 in my evacuation Go Bag with my Support Team

Name _____ Date _____
Street _____
City _____ State _____ Zip _____
Home phone _____ Cell phone _____
Work phone _____ Email _____
Date of birth _____

In an emergency, contact these people on **My Support Team**.

These **family, neighbors, caregivers, and friends** are people who care about me, can help, and want to know my situation. **One of these people needs to be out-of-state since local phone lines may not be working in an emergency.**

Primary Contact Person / Caregiver _____

Name _____ Date _____
Street _____ City _____ State _____
Home phone _____ Cell phone _____
Work phone _____ Email _____

Family / Neighbor / Friend / Caregiver _____

Name _____ Date _____
Street _____ City _____ State _____
Home phone _____ Cell phone _____
Work phone _____ Email _____

Family / Neighbor / Friend / Caregiver _____

Name _____ Date _____
Street _____ City _____ State _____
Home phone _____ Cell phone _____
Work phone _____ Email _____



Local place, rally point, where I will meet my family /caregiver if I can't get home:

My MedicAlert bracelet or necklace number: _____

Name of Health Insurance Plan _____

My ID Number _____ Phone _____

Primary Care Doctor _____ Phone _____

Health Care Provider #2 _____ Phone _____

Health Care Provider #3 _____ Phone _____

Pharmacy _____ Phone _____

Prescription #1 _____ Dose _____

Use for _____ Directions _____

Prescription #2 _____ Dose _____

Use for _____ Directions _____

Prescription #3 _____ Dose _____

Use for _____ Directions _____

Prescription #4 _____ Dose _____

Use for _____ Directions _____

Prescription #5 _____ Dose _____

Use for _____ Directions _____

Prescription #6 _____ Dose _____

Use for _____ Directions _____

Prescription #7 _____ Dose _____

Use for _____ Directions _____

Drug & Other Allergies _____

Disability _____

Communication, Equipment, Service Animals, Other Special Needs. It would help

me if _____

