

Sonoma County Department of Health Services – Mental Health/Alcohol and Other Drug Services Division Mental Health Services Act – Prevention and Early Intervention funds the following children and youth programs *:

Prevention and Early Intervention Services to Children Ages Birth to 5 years.

Provides Parent Education (Triple P-Positive Parenting); Perinatal Mood Disorder Interventions; Developmental & Social/Emotional; Referral; and Systems Navigation to parents of children ages birth to 5 years. Training and technical assistance to primary care providers in implement regular screening of children for social/emotional health (Ages and Stages Questionnaire – Social/Emotional) through a collaborative partnership among the following agencies:

- California Parenting Institute
- Early Learning Institute
- Petaluma People Services Center
- Jewish Children & Family Services

**this project is funded in part with First 5 Sonoma County*

Prevention and Early Intervention School – Based Services to Children and Youth Ages 5 to 18 years

- California Parenting Institute - *Provides parents and children with comprehensive, systematic and practical methodologies that teach fundamental tools and practices in personal and social awareness (Toolbox Project) as well as counseling support groups and case management family engagement and parent programs at Wright and Bellevue School Districts*
- Sonoma County Office of Education – *Provides 17 high schools throughout Sonoma County interventions that address mental/behavioral health issues through the delivery of culturally appropriate mental/behavioral health prevention education, early identification, and screening strategies (Project SUCCESS Plus) including prevention education, screening, family engagement and parenting activities, school staff development, and outreach and awareness activities. *this project is funded in part by Department of Health Services Prevention Division*
- West County Community Services – *Provides a multi-component developmentally focused, competency enhancement program (Early Risers “Skills for Success”) summer day camp, school year friendship groups, school support, and family nights with parent education at Guerneville and Monte Rio K-8 that targets elementary school children 6 to 12 years old at high risk for early development of conduct problems, including substance use.*
- Santa Rosa Community Health Center – *Provides parent-child treatment that assists parents of children with behavioral problems (aggression, non-compliance, defiance, and temper tantrums). that focuses on promoting positive parent-child relationships and interactions while teaching parents effective child management skills (Parent Child Interaction Therapy) to families of school age at Lombardi Health Center site and parent education (Triple P) with children Roseland Children’s Health Center – Roseland Elementary School*
- Petaluma Peoples Services Center – *Provides staff development for Petaluma City School District - Family Resource Center staff training in parent education for youth ages 12 to 18 (Triple P-Positive Parenting) to school staff in Petaluma*

Crisis Intervention Services to Transitional Age Youth Ages 16 to 26 years experiencing First Onset of Mental Illness

Funds a crisis assessment, prevention, and education team (CAPE Team) to provide early intervention, prevention strategy specifically designed to intervene with transitional age youth ages 16 to 25, who are at risk of or are experiencing first onset of mental illness and its multiple issues and risk factors (substance use, trauma, depression, anxiety, self harm, and suicide risk). The CAPE Team is aimed at preventing the occurrence and severity of mental health problems for transitional youth. The CAPE Team is staffed by Sonoma County Mental Health (SCMH) licensed clinical staff and located in several high schools and at Santa Rosa Junior College to guarantee reaching the largest group of transition age youth (TAY), ages 16 to 25 years, in Sonoma County. Partner agencies include:

- Santa Rosa Junior College
- National Alliance on Mental Illness

Reducing Disparities in Access to Mental Health Services to Ethnic and Cultural Communities

- **Action Network** - Funded to convene community meetings and public education and outreach campaigns in newspaper and on the radio to increase engagement of the community about issues of mental health for children, youth, families, cross-train staff of various school-age and pre-school, parent education programs, mentoring, family and peer support programs, anger management programs in culturally competent early identification of at risk behaviors and emotional illness including, critical indicators of emotional trauma and distress that promote culturally respectful and appropriate assessment tools for volunteer and mandated program targeted to at-risk and high-risk children primarily from Native American Pomo, Latino youth in the isolated northern Redwood Coast region of Sonoma County.
- **Community Baptist Church** - Community Baptist Church (CBC) is located in Santa Rosa and was the denominations first African American church. Currently, CBC has an ethnically and culturally diverse congregation. CBC is funded to expand and enhance the following programs: The Village Project provides a weekly program for children ages 8-13 using a faith based curriculum that focuses on character building; The Saturday Academy provides weekly topics of importance to youth of the church and the community; The Rites of Passage program an eight month program for predominately youth ages 14-18. This program uses adult mentors (civic and community leaders, elected officials, etc.) to provide youth with life skills to assist youth into a successful transition into adulthood. These projects target congregant and community members of Community Baptist Church with specific focus on African American youth.
- **Positive Images** - As the only agency in Sonoma County serving the unique needs of gay, lesbian, bi-sexual, transgender, queer, gender-queer, questioning, and intersex (GLBTQQI) youth ages 12 to 25, Positive Images is funded to provide education to youth, staff, volunteers and the community the indicators of mental distress specific to the GLBTQQI population; enhancing relationships with ethnic communities through targeted recruitment for youth and adults of color for peer and mentoring programs; maximize information sharing with all partners especially faith-based groups, law enforcement, and juvenile justice organizations; and increase the number of trained youth outreach workers to engage more GLBTQQI youth and allies in programs and services.
- **Sonoma County Indian Health Project** - To provide the following services to Native American transitional age youth ages 15 to 24 from tribes of Northern California, Pomo, Miwok, Wappo and other tribe members from other nations who reside in Sonoma County: Conduct presentations and workshops conducted by Native American Health experts addressing obstacles to Native Americans seeking mental health services through education and outreach to the Native community to foster normalcy for accessing mental health services at SCIHP; Recruit Native "Aunties and Uncles" and 5 Native American mentors to provide support services to transition age youth and families who will be trained to increase their awareness of signs and symptoms of mental illness and to be proficient in accessing resources available in the community; Implement routine screening for depression for transition age youth ages 15-24 in the medical clinic