

# County Of Sonoma Agenda Item Summary Report

**Clerk of the Board Use Only**  
**Meeting Date**                      **Held Until**  
 /   /    /   /  
**Agenda Item No:**                      **Agenda Item No:**  
 \_\_\_\_\_                                      \_\_\_\_\_

**Department:** Health Services

**4/5 Vote Not Required**

**Contact:**  
Rita Scardaci

**Phone:**  
(707) 565-4700

**Board Date:**  
11/3/2009

**Deadline for Board Action:**

**AGENDA SHORT TITLE:** Conditional Release Program Agreement

**REQUESTED BOARD ACTION:**

Authorize the Director of Health Services to execute California Department of Mental Health Standard Agreement #09-79022-000 for the Conditional Release Program (CONREP) for FY 09-10 and any future amendments that do not significantly change the scope of work (\$657,508).

**CURRENT FISCAL YEAR FINANCIAL IMPACT**

**EXPENDITURES:**

**ADDITIONAL FUNDS REQUIRING BOARD APPROVAL:**

<b>Estimated Cost</b>	<b>\$657,508</b>	<b>Contingencies</b>	<b>\$0</b>
		<b>(Fund Name:)</b>	
<b>Amount Budgeted</b>	<b>\$657,508</b>	<b>Unanticipated Revenue</b>	<b>\$0</b>
		<b>(Source:)</b>	
<b>Other Available Appropriations</b>	<b>\$0</b>	<b>Other Transfers</b>	<b>\$0</b>
<b>(Explain Below)</b>		<b>(Source:)</b>	
<b>Additional Requested</b>	<b>\$0</b>	<b>Additional Funds Requested</b>	<b>\$0</b>

**Explanation (if required):** None.

**Prior Board Action:** 3/3/09 - Authorized Standard Agreement #08-78020-000 for CONREP.

**Alternatives – Results of Non-Approval:** Lost opportunity for the Department to manage CONREP client services in coordination with local law enforcement.

**Background:**

The Conditional Release Program (CONREP) is a federally mandated state responsibility to provide community mental health treatment and supervision to individuals sentenced as: Not Guilty by Reason of Insanity, Incompetent to Stand Trial, Mentally Disordered Sex Offender, and Mentally Disordered Offender. The State of California contracts with the County Department of Health Services to operate the program in Sonoma County. The statewide goals of CONREP are to ensure greater public safety and more successful transition into communities through a standard system of treatment and intensive supervision. CONREP clients are judicially committed from State hospital or from correctional facilities and are placed in the community program by the local Superior Courts.

State Standard Agreement No. 09-79022-000 provides the FY 09-10 funding for the local CONREP program. CONREP core services are provided or coordinated by a staff of licensed mental health clinicians, and include individual and group therapy, medication support, residential treatment, screening for drug/alcohol usage and special evaluations provided to the Superior Courts. CONREP clients are supervised under strict and secure conditions, allowing Department staff to assure protection to the community by way of revocation of outpatient status and, if necessary, return to the State hospital. The CONREP Program has a maximum case load of 22 clients.

In FY 08-09, the program served 28 unique clients, eight of whom were new to the program during the year. Key outcomes included:

- None of the clients enrolled in the program committed any serious offenses.
- Three clients were discharged from the program and “restored” to the community.
- Three clients were readmitted to State hospital for stabilization of mental illness symptoms and return to the CONREP program.
- One client’s outpatient status was revoked after a readmission to State hospital.
- Twenty-one clients remain in the program receiving community-based services and intensive supervision.

Research published by the California Department of Mental Health has shown that CONREP clients have a 6% rate of reoffense compared to the 27% rate for individuals released into the community without the support of the program. CONREP clients demonstrate significant improvement in employment, social support, and independence ratings after one year of treatment. These positive results are possible because CONREP community programs have greater authority and specialized resources to implement a comprehensive community outpatient system of assessment, treatment and supervision of services.

**FISCAL IMPACT:**

Conditional Release Program (CONREP) Standard Agreement funds in the amount of \$657,508 are included in the FY 09-10 Final Budget. There is no contribution from the General Fund or use of mental health realignment funding.

**Attachments:** None.

**On File With Clerk:** Standard Agreement #09-79022-000.

**CLERK OF THE BOARD USE ONLY**

**Board Action (If other than “Requested”)**

**Vote:**