



Human Services Department
COUNTY OF SONOMA



How Can You Help?

August, 2009

Donate time

1. Become a foster parent (or respite foster parent)
Foster parents provide short and long term safe and loving care for abused children
2. Volunteer at Valley of the Moon Children's Home
Volunteers work with children in special programs such as gardening, art, and living skills
3. Offer an apprenticeship to a current or former foster youth
Older foster children benefit from job-preparation opportunities
4. Lead a JobLink workshop
Local volunteers lead workshops for job seekers
5. Answer the phones for 211
The 211 phone bank refers callers to assistance for a wide variety of problems
6. Lead a fall prevention class
This class teaches seniors strategies to prevent a fall
7. Drive seniors and veterans to appointments
Several non-profit organizations coordinate volunteer drivers
8. Report suspected abuse of a child, elder, or person with a disability
Help protect vulnerable children (800-870-7064) and adults (800-667-0404)

Donate money

1. Valley of the Moon Children's Foundation
The Foundation provides extensive financial and volunteer support to the Home
2. Blue Bags for foster children
This \$125 filled bag includes everything a child needs for their first few days in foster care
3. Scholarship Fund
The Valley of the Moon Foundation supports former youth with college scholarships
4. Admission tickets (De Young Museum, San Francisco Zoo, Discovery Kingdom, etc.)
Assist Valley of the Moon Children's Home in taking residents on fieldtrips
5. Senior Art Show
This annual show showcases the artwork of local seniors
6. Youth Symposium
This annual event provides career exploration for high school youth.
7. Jerry Casson Fund
This fund provides small cash grants to clients with an immediate and urgent need

(OVER FOR MORE)



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Donate goods

1. New or gently used suitcases for foster children
Suitcases help foster children manage their own belongings if they need to move between placements
2. Children's and Teen magazines
Provide current reading material and entertainment for residents of the Children's Home
3. Items for Points Closet (toys, art supplies, games, small electronics, hair products, make-up, music, etc.)
Children's Home residents are rewarded for positive behavior through the Points Closet
4. New or gently used household furniture and goods for foster youth transitioning to independent living
Help establish a home for transitioning foster youth
5. Smoke detectors, food and gift cards for the Kinship Family Center
Relative caregivers provide homes, food, clothing and loving care to a relative's children
6. New durable medical equipment for seniors and people with disabilities
Medical equipment to keep seniors and people with disabilities safe and healthy in their home
7. Gift cards for Longs, CVS, Target, grocery stores, toy stores, department stores, etc.
*Medications and other personal care needs for seniors, people with disability
Personal care and toys for foster children.*
8. New blankets, sweaters, socks, pajamas, and hand-held shower hoses for seniors, people with disabilities, and veterans
These items are difficult to afford for individuals on low and fixed incomes
9. Food for the Redwood Empire Food Bank
The Redwood Empire Food Bank coordinates food distribution throughout the county
10. Food and interview clothing for former foster youth
V.O.I.C.E.S a youth led program supports youth in becoming independent and successful
11. Transit cards
Many people need transportation assistance to look for work and receive medical care
12. Baby clothes, strollers, swings and car seats
The California Parenting Institute accepts donations
13. Interview clothing for job seekers
The Goodwill Clothes Closet serves our clients

(OVER FOR MORE)

For more information or to make a donation, contact Jo Weber, Human Services Department Director
707.565.5802